

Resilient Leadership

to implement strategy and change

Duration

2 days

Contact details

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Delegate feedback

Lots of practical tips and methods managers can use in times of change and difficulty.

To the point, valuable insight, concise delivery, useful content.

Very helpful in understanding and how to deal with negative emotions and build trust in one's team.

This was one of the most informative and practical courses I have done in a long time.

Timing of the workshop course was very appropriate for what has to be done back in the workplace and in my personal life.

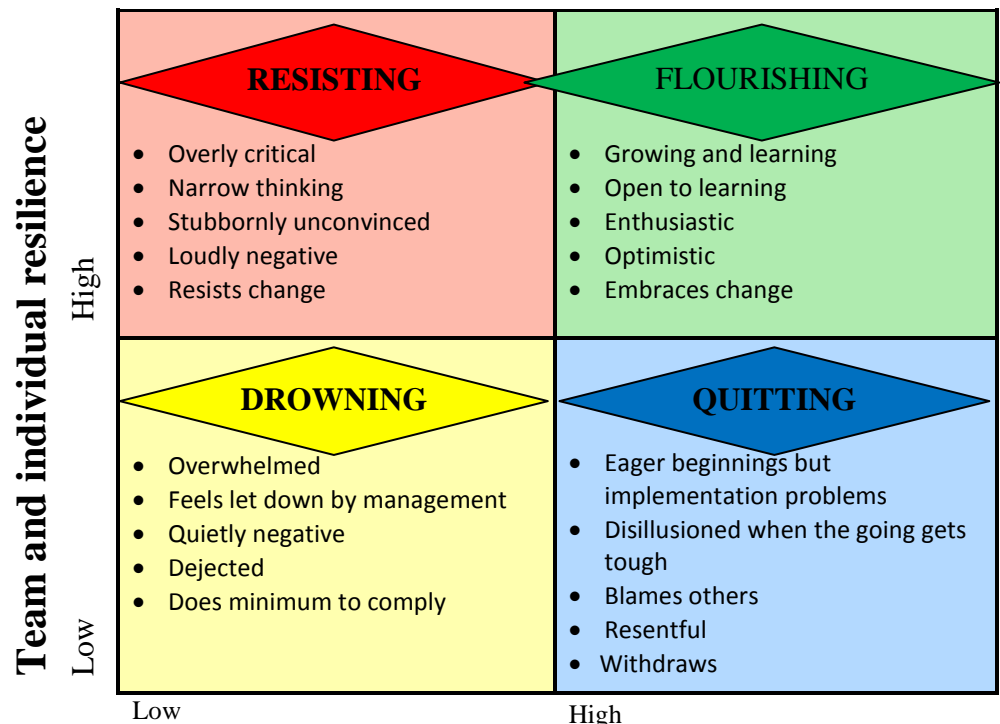
With the clear action plans you develop, you can only grow and benefit from the workshop and the facilitator.

What is Resilient Leadership training?

To be effective in today's challenging work environment, leaders need to be personally resilient, and display this in their day-to-day leadership with their team.

Resilient Leadership training equips leaders who implement strategy and change to be personally resilient, display this resilience in their leadership, address team members' uncertainty and resistance and become strategy-fit.

Strategy–fitness



Strategy engagement

- Understands the strategy and their role in it
- Engaged emotionally
- Knows what to do and is managed and rewarded

Why Resilient Leadership?

Implementing strategy involves change. Leaders today are required to roll out new strategy and at the same time also maintain "business as usual", even when unwelcome change impacts on them.

People engagement and change management activities are certainly welcome, and help people receiving change become change ready. But on their own however, they don't guarantee that strategy will be successfully implemented and change rolled out as planned.

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The workshop equipped me with vital information and useful tools to deal with the changes we are facing. I certainly recommend attendance to my managers.

I have realised that not everyone have the ability to 'bounce back'. This course really helped.

The course answered some of the issues I have been grappling with since we restructured and how to deal with my staff.

Great content and illustrations. Facilitator passionate about the subject and can relate to common work problems!

Very helpful, interactive and informative. Applicable to general life skilling.

Gives you tools to deal with negative emotions and remain positive.

For a leader who doesn't deal with big changes on a daily basis, the challenge could be overwhelming. Thank you, this gives me confidence and a practical action plan.

I gained a good understanding of what resilience is and how to deal with change and anger in a positive and constructive way.

I believe I have become change fit. Thank you!

Team members are powerfully influenced by the subtle and often unconscious messages leaders give about organisational change. Their leader's positive or negative feelings, and even their optimism or pessimism, are "caught" like a flu virus and spread to team members and eventually influence the entire organisation.

What does Resilient Leadership cover?

The first of the two-day Resilient Leadership training covers the tools leaders need to be personally resilient in the face of challenges at work and home.

The second day focuses on how to practically exercise resilient leadership with teams, in order to implement strategy and large-scale change. Resilience leadership tools and templates are covered in detail, which enable leaders to coach for high performance during times of difficulty, uncertainty and even unwanted change.

What will I walk away with at the end of the Resilient Leadership training?

- Tools to personally cope with stress caused by difficulties at work and home,
- A personal plan to enhance your ability to bounce back from stress and adversity,
- Assessed your team's strategy-fitness via a questionnaire
- A four step process to change negative thinking in your team
- A four step process to deal with loudly negative people
- Action plans to keep your team energised and engaged
- A back-to-work strategy to enhance your team's strategy-fitness

Clients:

We work with a variety of clients in South Africa, Southern Africa and Australia including: Old Mutual, Momentum, Metropolitan, various local, provincial and national government administrations, Royal Swaziland Sugar Corporation, SAPS, Nokia Siemens Networks, TAL Australia.

About Rod Warner:

Rod has researched, developed interventions, presented and published in the field of building resilience to cope with stress. His book "The Building Resilience Handbook" is available from www.takealot.com in its second printing.

