

Resilient Leadership

to implement strategy and change

Duration

2 days

Contact details

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Delegate feedback

Lots of practical tips and methods managers can use in times of change and difficulty.

To the point, valuable insight, concise delivery, useful content.

Very helpful in understanding and how to deal with negative emotions and build trust in one's team.

This was one of the most informative and practical courses I have done in a long time.

Timing of the workshop course was very appropriate for what has to be done back in the workplace and in my personal life.

With the clear action plans you develop, you can only grow and benefit from the workshop and the facilitator.

What is Resilient Leadership training?

Leaders today are required to roll out bold strategy initiatives and at the same time maintain "business as usual". This almost always involves implementing difficult and unwelcome change, which sometimes even impacts on them.

To successfully implement this type of strategy, leaders need to be personally resilient, and display this in their day-to-day leadership with their team. Resilience is the key competency for leaders and teams to succeed in delivering strategy in a challenging work environment.

Resilience enables leaders, teams and individual team members keep stress positive. Leaders need the tools to be resilient themselves and exercise them in their leadership. In particular they need to be equipped to coach their team members to high performance when their resilience lags.



Why Resilient Leadership?

People engagement and change management activities are certainly useful, and help people receiving change become change ready. But they don't guarantee that strategy will be successfully implemented and large-change rolled out as planned.

Resilient Leadership training equips leaders to be personally resilient, display this resilience in their leadership, address team members' uncertainty and resistance, build trust and create realistic positivity. Resilience Leadership training will give you the edge to deliver strategy, even in tough times.

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The workshop equipped me with vital information and useful tools to deal with the changes we are facing. I certainly recommend attendance to my managers.

I have realised that not everyone have the ability to 'bounce back'. This course really helped.

The course answered some of the issues I have been grappling with since we restructured and how to deal with my staff.

Great content and illustrations. Facilitator passionate about the subject and can relate to common work problems!

Very helpful, interactive and informative. Applicable to general life skilling.

Gives you tools to deal with negative emotions and remain positive.

For a leader who doesn't deal with big changes on a daily basis, the challenge could be overwhelming. Thank you, this gives me confidence and a practical action plan.

I gained a good understanding of what resilience is and how to deal with change and anger in a positive and constructive way.

I believe I have become change fit. Thank you!

What does Resilient Leadership cover?

The first of the two-day Resilient Leadership training covers the tools leaders need to be personally resilient in the face of challenges at work and home.

The second day focuses on how to practically exercise resilient leadership with teams and individuals, in order to implement strategy and large-scale change. Resilience leadership tools and templates are covered in detail, which enable leaders to coach for high performance during times of difficulty, uncertainty and even unwanted change.

What will I walk away with at the end of the Resilient Leadership training?

- Tools to personally keep stress caused by difficulties at work and home positive,
- A personal plan to enhance your ability to bounce back from stress and adversity,
- Assessed your team's strategy-fitness via a questionnaire,
- A four step process to change negative thinking in your team,
- A template to coach your team members to break out of situations which drain their resilience,
- A four step process to deal with overly negative people,
- Action plans to keep your team energised and engaged,
- A back-to-work strategy to enhance your team's strategy-fitness.

The outcome is that during tough times leaders are able to keep their own stress positive and coach their team members to deliver high performance.

Clients:

We work with a variety of clients in South Africa, Southern Africa and Australia including: Old Mutual, Momentum, Metropolitan, various local, provincial and national government administrations, Royal Swaziland Sugar Corporation, SAPS, Nokia Siemens Networks, TAL Australia.

About Rod Warner:

Rod has researched, developed interventions, presented and published in the field of building resilience to cope with stress. His book "The Building Resilience Handbook" is available from www.Kalahari.com in its second printing.

